One Key Question

Part One: What I Do Best

Read through the following list of “What I Do Best” tasks or activities, and identify five statements that would best describe the tasks or activities you would like to spend most of your time doing in a job or career.

- volunteer for causes I believe in
- collect and archive all kinds of information
- talk with those going through difficult situations
- establish routines and processes
- think and study
- create order and safety in my life
- control my life
- check people out carefully before revealing confidential information
- associate with people who appreciate my strengths
- work hard
- do things right
- live for the present
- help people solve their problems
- be busy all the time
- find a new way to do things
- learn as much as I can about the people I meet
- follow up on the details
- take on challenges
- follow through on my commitments
- participate in intellectual and philosophical discussions
- give praise
- have clear rules that everyone follows
- prove myself successful
- overcome obstacles
- win the approval of others
- strive to know more
- envision the things I want and desire
- selectively distribute praise and recognition
- organize a big event or celebration
- join brainstorming sessions
- get people committed
- help others see their strengths
- make work fun
- inspire people about what could be
- examine the unique qualities of each person
- be in the “public eye”
- feel connected with all of life
- compare my performance to others
- act according to my beliefs
- include people who feel left out
- let others know, without words, that I know how they feel
- coach
- discuss history and its lessons
- help others explain their thoughts
- meet new people
- use history to explain my position
- treat all people the same
- concentrate until the job gets done
- do what is expected of me each day
- discover patterns of data
- be persuasive
- keep track of several things at one time
- figure out how different people can work together productively
- plan new programs
- discover new information
- create future pictures and plans
- take on significant goals and challenges
- search for the reasons and causes
- tell stories
- push things to action
- accept people as they are
- teach people
- find experts to help
- stay in contact with my friends
- choose the best alternatives
- build bridges between people of different cultures or experience

Activity 4.1: One Key Question: Part 1